



ONLINE SAFETY AND DIGITAL WELLBEING FOR SCHOOLS



TALKS BROCHURE 2024-25

SCHOOL YEAR 2024-25

We are pleased to offer both **online** and **face to face** training sessions to suit your school or organisation's individual needs, delivered by our panel of expert trainers.

Our adult **webinars** are secure and **interactive**. They are delivered via an online platform with a unique registration link and password.



Teacher Testimonial

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Some of the content was eyeopening for my students. Really worthwhile.

Class Teacher, Mary Help of Christians GNS, Dublin

OUR SESSIONS FOR KIDS

3RD-6TH CLASS SESSIONS (40 mins)



- In-depth, interactive workshops designed to protect and empower children.
- Each session is targeted at an age group and focuses on equipping children with core digital literacy skills including navigating social media, messaging apps, gaming, how to protect personal data and their digital footprint, healthy balance, online reputation and cyberbullying.
- Children fill in a short, anonymous survey that enables us to understand **their specific online usage and behaviours**.
- The school receives a **full report** post-session.
- Sessions are suitable for 3rd 6th class pupils and limited to 35 pupils per session. Each session is approximately 40 minutes.

3RD CLASS – Starting Safely!

An introductory session preparing children beginning their online journeys. 4TH CLASS – Being Social

Exploring key topics such as social media & gaming, and how to protect personal information.

5TH CLASS – Think First, Not Later

Looking at how social media and advertising really works, misinformation and scams.

6TH CLASS – Leaving Your Mark

Empowering children by focusing on digital responsibility, including cyberbullying and managing digital footprint.



"This session incorporated a variety of strategies to engage the students with the content. It was excellent!"

5th Class Teacher, St Thomas' SNS

OUR SESSIONS FOR KIDS



COMBINED CLASS SESSIONS (Primary only, 40 mins)

3RD & 4TH CLASS - Be Safe, Be Social, Be Smart

This joint session combines the key learning objectives from the 3rd and 4th class sessions and are for smaller/mixed-age classes only. **5TH & 6TH CLASS – Think First, Don't Leave A Mark!** This joint session combines the key learning objectives from the 5th and 6th class sessions and are for smaller/mixed-age classes only.

SECONDARY SCHOOL SESSIONS (35-40 mins)

1ST YR – Continuing Your Online Journey focuses on cyberbullying and developing critical thinking skills online.

2ND YR – Engage Positively with a Positive Footprint! focuses on protecting privacy online, oversharing, sexting and maintaining a positive footprint.

3RD YR – Better Digital Literacy focuses on types of online information, targeted advertising, image and wellbeing, and appropriate communication and creation of online content.
4TH YR – Digital Health & Reputation focuses on the unique pressures of online life, and why maintaining a positive digital footprint is so important as the world of work or higher education approaches.



OUR SESSIONS FOR ADULTS

PARENTS, GUARDIANS, TEACHERS & YOUTH WORKERS

- Each session lasts 1 hour with opportunity for Q&A
- We offer a range of different talks

1 THE KIDS ARE (NOT) ALRIGHT

Our most popular session focusing on 8-12 year olds. It raises awareness of the main factors to consider around social media, gaming and the online world, explores what children are really doing online and offers practical advice and resources to help empower safer, more positive experiences.

2 TEENAGE KICKS, (SO) HARD TO BEAT

Aimed at those with or working with teenagers, this session aims to raise awareness of what young people are doing online, and the associated risks and safeguards. It provides information and guidance on platforms teenagers are using, digital literacy and wellbeing, and the inherent risks of being online.

3 TURN AND FACE THE STRANGE

This session takes a tour through the often baffling world of gaming by covering the positives and negatives of this multi-billion dollar industry, and looks at the burgeoning industry of AI and its results (e.g. Chat GPT). What questions do these raise for the future of the online world and the development of digital literacy skills?



OUR SESSION FOR TEACHERS

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DEVELOPING DIGITAL CITIZENS (Primary/Secondary)

This session is targeted at either primary or secondary school teachers. It is designed to demystify and raise awareness of what pupils are doing online, the positive benefits, and the associated risks and safeguards.

We provide information and guidance on popular apps and platforms, digital literacy and wellbeing, and the inherent risks of being online such as loss of privacy, cyberbullying, sexting, grooming and digital footprint.

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Teacher Testimonial

Very informative and balanced approach to online safety with lots of information on available supports.

6th Class Teacher

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OUR PRICE LIST

| Session | Duration | In-Person | Webinar |
|-----------|-------------|-----------|---------|
| 4 Classes | 40 mins x 4 | €410 | €315 |
| 3 Classes | 40 mins x 3 | €340 | €265 |
| 2 Classes | 40 mins x 2 | €265 | €199 |
| 1 Class | 40 mins | €200 | €150 |
| Adults | 60 mins | €295 | €220 |

"I felt the content was really well presented, age appropriate, and very engaging!"

> 6th Class Teacher, St John' s NS, Clondalkin

> > "Our class built upon their knowledge so much in this session.The content and delivery was engaging and thorough. Go raibh maith agaibh!" *4th Class Teacher, Realt na Mara National School, Skerries*





CyberSafeKids is Ireland's online safety charity. We aim to empower children parents and educators to navigate the online world in a safe and responsible manner. We deliver high quality, relevant and research-based sessions. The CyberSafeKids team has extensive experience in cybercrime analysis and investigation, cybersecurity, child psychology and education. Each member of our growing team of friendly and approachable trainers are highly trained, experienced and passionate about protecting children and young people to ensure they have positive experiences in the online world.

www.cybersafekids.ie

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